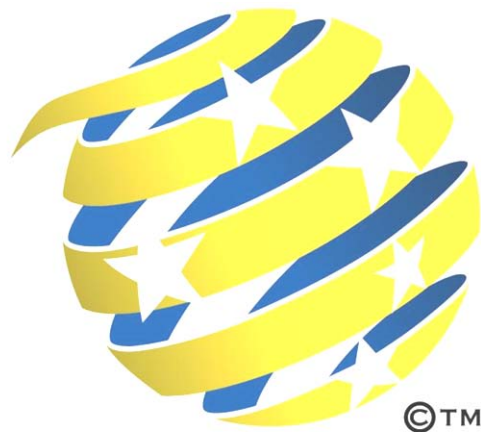


# Football Federation Australia Match Official Development



**FOOTBALL  
FEDERATION  
AUSTRALIA**

## **Level 3 Referee**

**Workbook**

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Participant's Name or Course ID

September 2013

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5. Based on the information provided in the Sports Medicine Australia resource what are the important aspects to:

a. Warming up

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b. Cooling down

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c. Stretching

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6. Based on the information provided in the *Referees are Athletes* section what are the important aspects to nutrition for a referee?

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Add some **control** oriented questions of your own and use them when reviewing your matches:

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Can you add some more **decision-making** questions and use them when reviewing your matches:

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Finally, add some of your own **communication** based questions and use them when reviewing your matches:

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Notes

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### Unit 6 - Game Management 3 - Mass Confrontation

#### Assessment Criteria

Review of workbook notes.

1. What are the types of mass confrontation?

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2. What are the typical trigger points?

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3. How to deal with confrontation between 3 or more players

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4. How to deal with mass confrontation of a referee

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## Unit 7 - Foul Identification 2 - Seven Steps to Foul Recognition

### Assessment Criteria

Review of workbook notes and viewing of match incidents.

1. Initial steps include a listing of the ways referees can anticipate and identify fouls.

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2. This will lead to a re-examination of FIFA's steps, introduced to you in Level 4.

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3. Now you will view a series of match clips. You will be asked to note [use a ✓ in the appropriate boxes] which of the 7 Steps can be identified in each clip [there will be differences of opinion!] and what punishment or sanction you would impose. Use this table to record your responses.

Clip	Intent	Speed	Aggression	Violence	Position of tackler	Opportunity	Match 'feeling'	Sanction
1								
2								
3								
4								
5								
6								
7								
8								
9								
10								







## Unit 10 - Laws of the Game 3 - Examinations 1

When your examination papers are returned to you insert them into your workbook here

**Units 11 & 12 - Practical Officiating 3 (Assistant Referee) and 4 (Referee)**

These are practical units. Components are:

- appointment to a minimum of one match as an assistant referee and one match as a referee;
- appointment of an Assessor;
- formal written self-assessment to be submitted to your program Instructor.

**Assessment Criteria**

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- Checklists and report as referee and assistant referee using the respective FFA-approved *Feedback Form*
- Formal self-assessment submission.



## Program References and Resources

### Acknowledgements

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For their support and guidance Football Federation Australia (FFA) acknowledges the Australian Sports Commission (ASC) and its specialist staff.

FFA wishes to especially acknowledge the original work done by Bill Tattersall, Barry Such and Alan Kibbler in the preparation of the original development programs under the National Officiating Accreditation Scheme.

Sincere thanks to all other contributors who have generously made their materials, time and ideas available to FFA.

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Training or medical advice is given in good faith. However, this advice is general in nature. It remains the responsibility of each person to discuss all training and medical advice with training professionals and their own medical practitioners before adopting any advice or undertaking training programs. It is strongly recommended that active referees submit themselves to thorough medical checks at least annually.

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